



Living in Power

Be Courageous

Main Scripture: 1 Corinthians 16:13-14

What does the Bible say about courage?

(1 Chr 22:13; Prov 28:1; Ps 27:14, 31:24; Isa 41:6; 2 Chr 32:7-8; 2 Sam 10:12; Phil 1:14; Act 4:31; Ps 138:3; Deut 31:6)

We become courageous from ...

- doing right
- being Godly
- waiting on the Lord
- hoping in the Lord
- recognizing our God is bigger
- knowing God is in control
- encouraging community
- the example of others
- being filled with the Spirit
- prayer
- understanding God is the source

Be Courageous Study

“I have told you these things so that in the world you may have peace. In the world you have trouble and suffering, but take courage—I have conquered the world.”
Jesus (John 16:33)

Day One

Read [Luke 9:18-22, 43-45](#).

What was Jesus facing that would take great courage, especially considering the fact that he knew exactly what would happen to him?

How did the disciples respond to Jesus’ news about the challenge ahead? Consider how their response may have made it more difficult for him emotionally. Write down your thoughts.

Consider the following verses. How did Jesus’ actions or words require courage?

[Luke 9:51-53](#) (took place after the verses you already read)

[Matthew 23:13-36](#) (set after he arrived in Jerusalem the last week before his crucifixion)

Have you ever been required to show courage and act despite the risk? If so, share what that circumstance with someone.

Spend time thanking Jesus for his courageous actions on your behalf and for your example.

Day Two

Now we turn our attention to Elijah, a prophet called to speak forth God’s word even when faced with severe consequences. He prophesied during the reign of King Ahab of Israel, the northern kingdom. The Bible says that Ahab “did more evil in the sight of the LORD than all who were before him” ([1 Kings 16:30, 33](#)). As a result, God sent a famine on the land of Israel at Elijah’s word.

Read [1 Kings 17:1](#). What do you learn about Elijah that helps explain his courage?

Honestly evaluate your own life. Whom do you really serve most of the time? God? Self? Husband? Children? Beauty? Fun? Achievement? Job? Money? Friendships? Love? Feelings? Attention? Your own desires? Having others see you as perfect? Popularity?

Read [1 Kings 18:1-19](#).

Describe Elijah’s courageous behavior.

Why did he do this ([1 Kings 18:1](#))? What does this story teach us about courage?

Day Three

Continue the story that we began yesterday. Review [1 Kings 18:1-19](#) and read [1 Kings 18:20-40](#).

What were the odds against Elijah ([1 Kings 18:19](#))? How might that have affected his emotions in the situation?

Read the following verses to help you build courage in the face of fear. Write down what encourages you to be brave when you are outnumbered or afraid of what others will do to you.

[John 16:33](#)

[Romans 8:35-39](#)

[Psalm 91](#)

[1 John 4:4](#)

Which verse in the previous question most helps you build courage? Why? Work on memorizing it 😊

Pray the verse(s) that you chose back to God. Put yourself in the verse. For example, you could pray this from [John 16:33](#): “Father, help me believe the things that Jesus told us so that I will have peace. Give me the grace to deal with the trouble and suffering that will happen in this world. Help me take courage in knowing that Jesus conquered the world and can give me the power to do the same.”

Day Four

Continue Elijah’s story by reading [1 Kings 18:41-46](#).

What do you learn about God from this passage? What do you learn about Elijah?

Compare [James 5:16-18](#) to this story.

Elijah’s prayer was based upon the will of God. On a scale of 1-10, how well do you ask God to know his will before you begin to pray about a situation? With how much patience do you wait to hear his answer so that you can pray in accordance with what he wants to do? If you did, do you think that you would have more courage when you face trouble?

Read these verses on praying in God’s will and write down your thoughts about how doing so may help you grow in courage.

[John 14:13-14](#)

[John 16:23](#)

[1 John 5:14](#)

Day Five

Read [1 Kings 19:1-18](#).

How did Ahab’s wife, Jezebel, react after hearing about the confrontation between Elijah and the prophets of Baal ([1 Kings 19:2](#))?

What was Elijah’s reaction to her message ([1 Kings 3-4](#))? How would you explain Elijah’s loss of courage?

What do you learn from Elijah’s fear response that you can use in your own life when you are faced with a dangerous or difficult situation?

What do you learn about God from his response to Elijah in [1 Kings 19:5-18](#), and how does it encourage you today?

Read [Hebrews 11:32-40](#). Consider these characters and what you have learned about courage.

Going forward, for what top 3-5 items will you be trusting God to empower you to live courageously?

Adapted from Bible.org – Glimpses of Godliness – Week 3 Lesson: Courageous